

MENTAL HEALTH RESOURCES

MENTAL HEALTH CRISIS LINES

MENTAL HEALTH PROVIDER	CRISIS LINE
Hope line Suicide Lifeline	(800) 784-2433
National Hotline (TALK)	(800) 273-8255
Suicide Prevention Center (at Didi Hirsch)	(310) 391-1253
Kristine Brooks Health Center-La Linea Nacional de Esperanza	(800) SUICIDA (2432) Spanish Speaking
Post-Partum Depression Hotline	(800) 773-6667 (PPD-MOMS)
VA Suicide Lifeline (TALK)	(800) 273-8255/(877) 838-2838 (VET2VET)
Mental Health Advocacy	(213) 389-2077
Mental Health Association	(213) 413-1130
Mental Health Services Referral Line	(800) 854-7771

MENTAL HEALTH CRISIS RESPONSE TEAMS

Response Teams provide referrals, intervention and/or placement in mental facilities for individuals needing acute mental health intervention. For after hours or to be directed to the appropriate PMRT or MET in your area call DMH Access at 800-854-7771.

SERVICE AREA	MENTAL CRISIS RESPONSE TEAM	PHONE
Los Angeles City	SYSTEMWIDE MENTAL ASSESSMENT RESPONSE TEAM (SMART) 24 Hours	(213) 996-1300
Los Angeles County	Psychiatric Mobile Response Team (PMRT) 24 Hours	(213) 482-3260 (800)854-7771
SPA 2	Burbank Police Mental Health Evaluation Team (MET) (8am – 5pm)	(818) 238-3391
SPA 3	Pasadena Police Department (HOME) (8am – 5pm)	(626) 744-7054
SPA 4	Emergency Outreach Bureau (Hollywood Mental Health) (8am – 5pm)	(213) 430-6800
SPA 8	Long Beach Police Dept. Mental Evaluation Team (MET) (8am – 5pm)	(562) 435-6711

PSYCHIATRIC URGENT CARE CENTERS

Psychiatric Urgent Care Centers provide individuals in crisis a psychiatric assessment and examination for stabilization services, medication evaluations and, if necessary, hospitalization. Psychiatric Urgent Care Centers will also refer clients to mental health centers for continuity of care.

SPA	URGENT CARE CENTERS	ADDRESS	PHONE	HOURS
4	Exodus East Side Urgent Care Center	1920 Marengo St. Los Angeles 90033	(323) 276-6400	Walk-ins 24hrs/7
5	Exodus West Side Urgent Care Center	11444 W. Washington Blvd Los Angeles 90066	(310) 253-9494	Walk-ins 24hrs/7
6	Exodus Recovery at MLK	12021 Wilmington Ave Los Angeles, 90059	(562) 295-4617	Mon – Fri: 7:30am – 7pm Sat, Sun: 7am – 1pm
6	Augustus Hawkins Mental Health Center	1720 E. 120 TH St Los Angeles, 90059	(310) 668-4272	Walk-ins 24hrs/7
8	Mental Health Urgent Care Center	6060 Paramount Blvd. Long Beach 90805	(562) 790-1860	Mon – Fri: 8:00am-7:00pm

MENTAL HEALTH CENTERS

Provide individuals who are suffering from a mental illness services such as individual therapy, psychiatry, group counseling, and case management.

SPA	MENTAL HEALTH CENTERS	ADDRESS	PHONE	WEBSITE
1	Antelope Valley Mental Health America	506 W. Jackman Ave. Lancaster, 93534	(661) 726-2850	www.mhala.org
1	Palmdale Mental Health Center	1529 E. Palmdale Blvd. Ste 150 Palmdale, 93550	(661) 575-1800	lacdmh.lacounty.gov
2	Hillview Mental Health Center	12450 Van Nuys Blvd. Ste 200, Pacoima, 91331	(818) 896-1161	www.hillviewmhc.org
2	San Fernando Mental Health-Cornerstone	14660 Oxnard St., Van Nuys, 914011	(818) 901-4836	www.sfvcmhc.org
2	San Fernando Mental Health – Adult	10515 Balboa Blvd #150, Granada Hills, 91344	(818) 901-4854	www.sfvcmhc.org
2	Santa Clarita Valley MHC	23501 Cinema Dr. Ste 210, Valencia, 91355	(661) 288-4800	lacdmh.lacounty.gov
2	Asian Pacific Counseling & Treatment	15400 Sherman Way #220, Van Nuys, 91406	(818) 267-1100	
2	Didi Hirsch Mental Health Center	1540 E. Colorado St, Glendale, 91205	(818) 244-7257	www.didihirsch.org
2	West Valley Mental Health Center	7621 Canoga Ave, Canoga Park, 91304	(818) 598-6900	www.valleyccc.org
3	Arcadia Mental Health Services	330 E. Live Oak Ave, Arcadia, 91006	(626) 821-5858	lacdmh.lacounty.gov
3	Enki Youth and Family Services-Covina	536 S. Second Ave. #J, Covina, 91723	(626) 967-2888	www.ehrs.com
3	Enki Youth and Family Services-La Puente	160 S. Seventh Ave, La Puente, 91746	(626) 961-8971	www.ehrs.com
3	Foothill Family Services	11204 Asher St, El Monte, 91731	(626) 993-3000	www.foothillfamily.org
3	Alma Family Service-Behavioral Health	18780 Amar Rd #204, Walnut, 91789	(626) 965-4469	almafamilyservices.org
3	Pacific Clinics	2550 E. Foothill Blvd, Pasadena, 91107	(626) 744-5230	www.pacificclinics.org
4	Amanecer Community Counseling	1200 Wilshire Blvd. Ste 210, Los Angeles, 90017	(213) 481-1347	www.amanecerla.org
4	Didi Hirsch Community MHC	672 S. Lafayette Park Pl Ste 6, Los Angeles, 90057	(213) 385-3752	www.didihirsch.org
4	Asian Pacific Counseling & Treatment	520 S. Lafayette Pk. Pl. #300, Los Angeles, 90057	(213) 252-2100	http://apctc.org/index.html
4	Asian Pacific Counseling & Treatment	600 St. Paul Ave #101, Los Angeles, 90017	(213) 542-2800	http://apctc.org/index.html
4	Asian Pacific Counseling & Treatment	1310 Wilshire Blvd, Los Angeles, 90017	(213) 483-3000	http://apctc.org/index.html
4	Downtown Mental Health Center	529 S. Maple Ave, Los Angeles, 90013	(213) 430-6700	lacdmh.lacounty.gov
4	Hollywood Mental Health Center	1224 N. Vine St, Los Angeles, 90038	(323) 769-6100	lacdmh.lacounty.gov
4	Saban Community Clinic	6043 Hollywood Blvd, Los Angeles, 90038	(323) 653-1990	sabancommunityclinic.org

5	Edmund D. Edelman Westside MHC	11080 W. Olympic Blvd 4 th Fl Los Angeles, 90064	(310) 966-6500	www.semel.ucla.edu
5	Didi Hirsch Mental Health-Culver City	4760 South Sepulveda Blvd, Culver City, 90230	(310) 390-6612	www.didihirsch.org
5	Didi Hirsch Culver-Palms	11133 Washington Blvd, Culver City, 90232	(310) 895-2300	www.didihirsch.org
5	Didi Hirsch Jump Street	1233 S. La Cienega Blvd, Los Angeles, 90035	(310) 855-0031	www.didihirsch.org
5	Step Up on Second	1328 Second St, Santa Monica, 90401	(310) 394-6889	www.stepuponsecond.org
6	Augustus Hawkins Mental Health Center	1720 E. 120 th St Los Angeles, 90059	(310) 668-4272	lacdmh.lacounty.gov
6	Coalition of Mental Health Professionals	9219 S. Broadway Ave, Los Angeles, 90003	(323) 777-3120	mentalhealthprofessionals.org
6	Compton Mental Health Center	921 E. Compton Blvd, Compton ,90221	(310) 668-6800	lacdmh.lacounty.gov
6	Didi Hirsch Mark Taper Foundation Center	1328 W. Manchester Ave, Los Angeles, 90044	(323) 778-9593	www.didihirsch.org
6	Kedren Community Mental Health Center	4211 S. Avalon Blvd. Los Angeles, 90011	(323) 233-0425	kedrenmentalhealth.com
6	South Central Health & Rehab	5201 S. Vermont Ave, Los Angeles, 90037	(323) 751-2677	www.scharpla.us
6	West Central Family Mental Health	3751 Stocker St, Los Angeles, 90008	(323) 298-3680	lacdmh.lacounty.gov
7	Enki – East LA Mental Health Services	160 7 th Ave, La Puente, 91744	(866) 227-1302	www.ehrs.com
7	Rio Hondo Community MHC	17707 S. Studebaker Rd 2 nd Fl, Cerritos, 90703	(562) 402-0688	lacdmh.lacounty.gov
7	Asian Pacific Counseling & Treatment	11050 E. Artesia Blvd #F, Cerritos, 90703	(562) 860-8838	http://apctc.org/index.html
7	Alma Family Services-Wraparound Services	6971 Bandini Blvd, Commerce, 90040	(323) 888-9496	www.alfamilyservices.org/
7	Full Service Partnership Children and Age Youth	2677 Zoe Ave #114, Huntington Park, 90255	(323) 923-9559	www.alfamilyservices.org/
7	Centro Maravilla Community Center	4716 E. Cesar E. Chavez Ave, Los Angeles, 90022	(323) 881-3799	www.alfamilyservices.org/
7	Alma Family Service-Behavioral Health	9101 Whittier Blvd, Pico Rivera, 90660	(562) 801-4626	www.alfamilyservices.org/
7	San Antonio MHC Somos Familia	10355 Slusher Dr, Santa Fe Springs, 90670	(562) 903-5085	lacdmh.lacounty.gov
8	Didi Hirsch Mental Health – Inglewood	111 N. La Brea Ave. Ste 500, Inglewood, 90301	(310) 677-7808	www.didihirsch.org
8	Didi Hirsch Excelsior House	1007 Myrtle Ave, Inglewood, 90301	(310) 412-4191	www.didihirsch.org
8	Long Beach MHS	1975 Long Beach Blvd, Long Beach, 90806	(562) 599-9280	www.longbeach.gov
8	Alma Family Service-Behavioral Health	121 Linden Ave #101,106,112, Long Beach, 90802	(562) 624-1644	www.alfamilyservices.org/
8	South Bay Mental Health Services	14623 Hawthorne Blvd #400, Lawndale, 90260	(310) 970-5000	lacdmh.lacounty.gov